

Alano Club of the Eastside

January 2024
MONTHLY NEWSLETTER

12302 NE 8th Street, Bellevue, WA. 98005 425 455 5700

www.alanoclubeastside.org

ACES Café

Hamburgers

Hot Dogs

Grilled

Cheese, Tuna

Melt, BLT &

Breakfast

Sandwiches

Beverages

Snacks

[Our Organization](#)

[Statement of](#)

[Purpose](#)

The Alano Club of the Eastside is a non-profit corporation established for the primary purpose of providing social opportunities and a social setting for recovering (non-drinking) alcoholics and their families. The Club is not affiliated with Alcoholics Anonymous or any related program. However, the Club and its members share a commitment to the principles of AA and may choose to cooperate with AA by extending certain invitations to AA members, including use of facilities for AA meetings and other 12 Step programs.

PRESIDENT'S MESSAGE

Welcome to a new and exciting New Year. Hope everyone had a wonderful Holiday Season.

If you haven't been by the club recently, please drop by and see our newly updated and remodeled members room, dining room and kitchen. It really looks fantastic. We are so grateful for your support and donations that made it all possible.

Thank you to all the members who showed up to vote at our last Board meeting. Thank you to the past retiring board members For your service and thank you to the new board members For stepping up to the plate.

A special thanks to our loyal staff, who not only kept things Together during the remodel, but have been doing so with A very limited staff for the past three years since the Pandemic.

Carmen.

KITCHEN MANAGERS MESSAGE

Welcome to an exciting New Year. Hope you had a wonderful Holiday Season.

Please come by for a meeting and stay for breakfast, lunch, dinner or just snacks. In the next month we will be adding deli sandwiches and a daily soup and/or chili to the menu, and of course we will always have our great burgers, sandwiches and salads, including our always popular salmon salad. We are planning to add some other special salads in the future.

Your kitchen manager with a smile, Trena

Please visit our website www.alanoclubeastside.org or PayPal to make a donation, pay Membership dues, or make a group donation. OR in person or by mail to 12302 NE 8th St. Bellevue, WA. 98005

MEMBERSHIP DUES:

Helping to support the Club.
Regular Monthly:
\$20/month Seniors & Juniors
(over 65 or under 18
\$10 month)
Non-Resident: \$25/year
(Outside King County)
Annual rate is \$200 saving
you \$40 off the monthly
rate.
Membership applications are
available at the Counter.
alanoclubeastside.org

WEBSITE RESOURCES

[Eastside Intergroup](http://www.eastsideAA.org) is a
great website for our
recovery community which
offers info on meetings,
service, activities, travel,
events & much more.
www.eastsideAA.org

[Seattle Intergroup](http://Seattleleaa.org) widens the
scope of possibilities for
meetings and service in the
greater King County area.
Seattleleaa.org

[Alcoholics Anonymous World
Services](http://alcoholicsanonymous.org) is a great resource for
on-line literature and how to
contact AA around the world.
alcoholicsanonymous.org

[The AA Grapevine](http://aa Grapevine.org) is The
International Monthly Journal
of Alcoholics Anonymous
published since 1944. It's a
great resource for personal
stories, entertainment and a
meeting in print.
aa Grapevine.org

[The Al-Anon Family Groups
\(AFG\)](http://Seattle-al-anon.org) is a fellowship of relatives
and friends of alcoholics who
believe alcoholism is a family
illness and that changed
attitudes can aid recovery.
Seattle-al-anon.org

[The Clean and Sober Softball
Association](http://Sobersoftball.com) is a recovery-based
activity, organized for "non-
competitive" recreation.
The function of CSSA, and
its franchises, is to further
recovery through the community
of softball. Sobersoftball.com

Alano Club Board Meeting **Wednesday January 17, 2024!**

JANUARY AA BIRTHDAYS

Kris C. 1/23/84 Greg M. 1/27/98 Jan C. 1/25/94 John T. 1/9/86 Roni U. 1/31/94
William S. 1/14/92 Greg K. 1/20/04 Angelina O. 1/1/1 Linda T. 1/9/06
Nancy O. 1/12/88 Steve H. 1/3/13 Ted W. 1/7/03 Tom K. 1/6/17 Gerry Z. 1/2/13
Bruce L. 1/20/89 Carmen A. 1/12/08 Dan O. 1/11/23 Natasha N. 1/24/92

"A Place of Recovery"

6:00AM	Sunrise AA	Daily Clubhouse
7:00AM	SA Meeting (closed)	Sunday Annex
7:00AM	Fresh Start	Daily Annex
8:30 AM	Gamblers Anonymous	Saturday Annex
9:30AM	Eastside Breakfast AA	Sunday Annex
9:30 AM	AM Reflections	Wednesday & Friday Annex
11:00AM	Al-Anon	Saturday Annex
12:00PM	SAA Meeting (closed)	Monday - Clubhouse
12:10PM	Nooners AA	Mon-Fri Annex
	Friday January 26 Cake & Coin Day	
12:30PM	Nooners AA	Saturday and Sunday
1:30PM	Spanish AA	Sunday Clubhouse
2:00PM	Afternooners AA	Monday - Friday Annex
4:00PM	What's in the Bag NA	Saturday Annex
4:00PM	Tool Time Men's AA	Friday Annex
5:30PM	Living Sober AA	Every Day Annex
5:30PM	Nicotine Anonymous	Monday Clubhouse
5:30PM	Women of Worth	Thursday Clubhouse
5:45PM	SAA Recovery First Hybrid/closed-	Wed. Clubhouse
6:45 PM	Sermon on the Mount AA	Friday Annex
7:00PM	Get to Stepping HA	Saturday Annex
7:30 PM	Women's Accountability Mtg.	Monday Annex
7:00 PM	Happy Destinies AA	Sunday Annex
7:30PM	Cocaine Anonymous	Tuesday Annex
7:30PM	Spanish AA	Monday- Saturday Clubhouse
8:00PM	Rough Around the Edges AA	Friday Annex
9:30PM	AA Essentials	Every day Annex

The www.EastsideAA.org website has current meeting listings which will say
whether they are on zoom.

Please visit our website www.alanoclubeastside.org for schedule updates or
To pay dues or make a donation.