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Eastside Intergroup  
[www.eastsideaa.org](http://www.eastsideaa.org)

Seattle Intergroup  
[www.seattleaa.org](http://www.seattleaa.org)

Alcoholics Anony-  
mous World Service  
[www.aa.org](http://www.aa.org)

Al-Anon Family  
Groups [Seattle-al-  
anon.org](http://Seattle-al-anon.org)

The Clean and Sober  
Softball Association is  
a recovery-based ac-  
tivity, organized for  
"noncompetitive" rec-  
reation. The function  
of CSSA, and its fran-  
chises, is to further  
recovery through the  
community of soft-  
ball.

[Sobersoftball.com](http://Sobersoftball.com)

## April Club Member A.A. Birthdays!

Jackie G. 4/7/92 \* Pauline O. 4/22/95 \* Wendi O. 4/24/88

Dave E. 4/1/09 \* Tom E. 4/20/22 \* Val E 4/28/87 \* Terry B. 4/14/81

*Congratulations!*

## President's Message

Please spread the word in your other meetings that the Alano Club of the Eastside's meetings are all running again and we'd love to have you join us. The schedule is on the back of our newsletter and also on our website [www.alanoclubeastside.org](http://www.alanoclubeastside.org)

There is space in our newsletter for Alano Club meetings to post anything they want announced. If your meeting needs support or you're looking for secretaries, or have a special announcement, we're happy to publish it for you.

We have a board position open which requires you to be a dues paying member for at least 6 months with at least one year of sobriety. Let us know if you are interested.

Carmen A., Board President

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## Kitchen Manager's Message

Hello everyone!

Our updated menu is not quite completed. But I promise we'll have it soon.

In the mean time I'll have plenty of great daily specials for you! April 20th and 21st we are having a bake sale. Look for the flyer at the club.

Please drop by for a meeting and let me cook you some good food. Always made with love.

Your kitchen manager with a smile,  
Trena

## Alano Club of the Eastside Statement of Purpose

The Alano Club of the Eastside is a non-profit corporation established for the primary purpose of providing social opportunities and a social setting for recovering (non drinking) alcoholics and their families. The Club is not affiliated with Alcoholics Anonymous or and related program. However the Club and its members share a commitment to the principles of A.A. and may choose to cooperate with A.A. by extending certain invitations to A.A. members, including use of facilities for A.A. meetings and other 12 Step programs.

## How Can You Help Support the Alano Club?

Enjoy a meal at the club

Make a financial donation

or

Join the club and pay the membership fees.

\$20/month or \$200/year (2 free months)

\$10/month Seniors/Juniors or \$100 per year (2 free months)

\$25/year Non King County Resident

Members enjoy a 10% discount!

## ACES Cafe'

### 11am until 7pm

#### SERVING

Hamburgers

Hot Dogs

Grilled Cheese

Tuna Melt

BLT

Salads including:

Our popular Salmon Salad

Breakfast Sandwiches

Cookies

Brownies

Snacks

Beverages

## Thank You Shed Clean Up Crew

Good day members of the Alano Club of the Eastside,

A big thank you to the Shed Clean Up Crew.

Catherine B, Edward O, Theresa M, Vicki L, John and I (ESAC Nooners) made many trips inside and back out to remove all!!!

Alex showed up, and with a truck around 11:00!!! Alex made a few runs to various places to recycle things

Frank came over to check things out and he was happy to transport 5 big old tower computers to the recycle place!

Living Sober meeting members assisted Edward with loading up his truck.

Alex and Edward recycled 50 gallons of old paint.

Brooks will be taking care of the lawnmowers.

Thank you to Trena for the truck line up.

Most appreciate each and every one of you for your assistance as this would not have happened without your help!

Thank You, Thank You!!!!!! Valerie EauClair

## HELP WANTED!!!

The Alano Club of the Eastside is in need of a part-time (10 to 12 hours a week) bookkeeper

with extensive QuickBooks experience, to pay semi-monthly payroll and vendor bills, enter

daily receipts, maintain membership dues records, and file monthly and quarterly payroll

and business tax returns. Could later also expand to include other bookkeeping duties. If

interested please send your contact information (e-mail address and phone number) to

[manager@alanoclubeastside.org](mailto:manager@alanoclubeastside.org).

Mon.-Fri. 12:10-1:30

# Nooners

Sat.-Sun. 12:30-1:30

*Celebrating*

*April A.A. Birthdays*

*With Cake and Coins*

*Friday April 26th*

Alano Club of the Eastside

## SERVICE OPPORTUNITIES

- ♦ IT and Web Design Flooring Roofing
- ♦ Electrician
- ♦ Plumber
- ♦ Cleaning
- ♦ Painter Drywall / Plaster Repair
- ♦ HVAC – Maintenance and Repair  
Special Projects
- ♦ Aerating Landscaping
- ♦ Carpenter
- ♦ Masonry Tile Setting
- ♦ Grant Writing
- ♦ Counter Help

# Women of Worth

The Oldest Women's Meeting  
On the Eastside

## Come Join Us!

Thursdays

5:30pm-6:30pm

Studying the Big Book of  
Alcoholics Anonymous

Alano Club of the Eastside

12302 NE 8th St. Bellevue, WA 98005



Does Your Group  
Have Something  
to Announce?

Send it to the  
Alano Club  
Newsletter and  
we'll post it for  
you!

Email: [Nancy.Losborn@gmail.com](mailto:Nancy.Losborn@gmail.com)

## Birthday Night!

Last Saturday each Month

# Living Sober



**Coins, Cake & Fellowship!**

Open Meeting at 5:30pm  
Birthday Celebration at 6:30pm

Alano Club of the Eastside  
12302 NE 8th St. Bellevue 98005

**“A Place for Recovery”  
Alano Club Meeting Schedule**

6:00am	Sunrise AA	Daily	Clubhouse
7:00am	SA Meeting (closed)	Sunday	Annex
7:00am	Fresh Start	Daily	Annex
8:30am	Overeaters Anonymous	Sunday	Clubhouse
8:30am	Gamblers Anonymous	Saturday	Annex
9:30am	Eastside Breakfast AA	Sunday	Annex
9:30am	AM Reflections	Wednesday/Friday	Annex
11:00am	Al-Anon	Saturday	Annex
12:00pm	SAA Meeting (closed)	Monday	Clubhouse
12:10pm	Nooners AA (Friday April 26th Cake & Coins)	Monday -Friday	Annex
12:30pm	Nooners AA	Saturday & Sunday	Annex
1:00pm	ACOA	1st Saturday of month	Clubhouse
1:30pm	Spanish AA	Sunday	Clubhouse
2:00pm	Afternooners	Monday-Friday	Annex
4:00pm	What's in the Bag NA	Saturday	Annex
4:00pm	Tool Time Men's AA	Friday	Annex
5:30pm	Living Sober AA	Daily	Anex
5:30pm	Nicotine Anonymous	Monday	Clubhouse
5:30pm	Women of Worth	Thursday	Clubhouse
5:45pm	SAA Recovery First (closed-hybrid)	Wednesday	Clubhouse
6:45pm	Sermon on the Mount AA	Friday	Annex
7:00pm	Get to Stepping HA	Saturday	Annex
7:00pm	Happy Destinies AA	Sunday	Annex
7:30pm	Women's Accountability Mtg.	Monday	Annex
7:30pm	Cocaine Anonymous	Tuesday	Annex
7:30pm	Spanish AA	Monday-Saturday	Clubhouse
8:00pm	Rough Around the Edges AA	Friday	Annex
9:30pm	AA Essentials	Daily	Annex

The [www.eastsideaa.org](http://www.eastsideaa.org) website has current meeting listings which will say whether they are on zoom.

Please visit our website [www.alanoclubeastside.org](http://www.alanoclubeastside.org) for schedule updates, to pay dues or make a donation. Donations, dues and payments can also be made through PayPal, in person or by mail to 12302 NE 8th St., Bellevue, WA 98005. Thank you for your support!