

## In this issue...

### Page 1

- August Birthdays
- Alano Club BBQ August 17th
- Alano Club Statement of Purpose
- Resources

### Page 2

- How can I help Support the Club?
- Anniversary Membership Special
- Meetings needing support & New Meetings
- Alano Club Board Meetings
- Summer Sober Spectacular!

### Page 3

- Aces Café Menu
- New Breakfast menu & hours

### Page 4

- Meeting Schedule

## Resources

Eastside Intergroup  
[www.eastsideaa.org](http://www.eastsideaa.org)

Seattle Intergroup  
[www.seattleaa.org](http://www.seattleaa.org)

Alcoholics Anonymous  
World Service  
[www.aa.org](http://www.aa.org)

Al-Anon Family  
Groups [Seattle-al-anon.org](http://Seattle-al-anon.org)

The Clean and Sober Softball Association is a recovery-based activity, organized for "noncompetitive" recreation. The function of CSSA, and its franchises, is to further recovery through the community of softball.

[Sobersoftball.com](http://Sobersoftball.com)

## August Club Member A.A. Birthdays!

Bobbi C. 8/1/18 \* David R. 8/8/86 \* Debe O. 8/8/16 \* Don M. 8/29/13

Mike R. 8/18/00 \* Sharon L. 8/23/98 \* Bob S. 8/20/03

*Congratulations!*

*Become a member & see your name in the Newsletter!*

**The Alano Club of the Eastside**

**51st Annual**

**SATURDAY AUGUST 17TH 1-4 PM**

**BBQ**

BBQ Meats, chips, Beverages, provided for \$15  
Pre-sale Tickets available at the Alano Club  
All Proceeds go to support the Club!  
Membership Specials available

Live Music & Entertainment

50/50 Raffle, + Raffle prizes

ALANO CLUB OF THE EASTSIDE.ORG  
12302 NE 8TH STREET, BELLEVUE, WA 98005  
CALL: 425-455-5700, OR TREVIA 206 307-9409

## Picnic Tickets Available at The Club \$15

### Alano Club of the Eastside Statement of Purpose

The Alano Club of the Eastside is a non-profit corporation established for the primary purpose of providing social opportunities and a social setting for recovering (non drinking) alcoholics and their families. The Club is not affiliated with Alcoholics Anonymous or and related program. However the Club and its members share a commitment to the principles of A.A. and may choose to cooperate with A.A. by extending certain invitations to A.A. members, including use of facilities for A.A. meetings and other 12 Step programs.



## Meetings Looking for Support

### NOONERS—AA Meeting (Annex)

Monday-Friday 12:10pm & Saturdays 12:30pm

*Birthday Cake & Coins August 30th*

### AFTERNOONERS—AA Meeting (Annex)

Monday, Wednesday, Friday 2:00pm

### ESSENTIALS—AA Meeting (Annex)

Daily 9:30pm-11:00pm

### WOMEN OF WORTH—AA Meeting (Clubhouse)

Studying the Big Book / Women Only

Thursdays 5:30pm-6:30pm

### ROUGH AROUND THE EDGES—AA Meeting

Candlelight Meeting (Annex)

Fridays 8:00pm

### WHAT'S IN THE BAG—NA Meeting (Annex)

Saturdays 4:00pm

## New A.A. Meeting

Eastside 11th Step

Tuesdays 5:30pm (Clubhouse)



## How Can You Help Support the Alano Club?

Enjoy a meal at the club  
Make a financial donation  
or  
Join the club and pay the membership fees.

\$20/month or \$200/year  
(2 free months)

\$10/month Seniors/Juniors or \$100 per year (2 free months)

\$25/year Non King County Resident

Members enjoy a 10% discount!

### 51st ANNIVERSARY

### MEMBERSHIP SPECIAL!

AUGUST 17, 2024

New and returning members  
Regular Annual—\$200 pays for 14 months

(4 Free Months)

Senior/Junior Rates 1/2 of above



## COME ON DOWN TO THE BBQ!

Saturday August 17th 1pm-4pm

Eric has GREAT music planned and

Trena has been coordinating GREAT food!

## FUN, FOOD & FELLOWSHIP!



Board Meetings for the Alano Club of the Eastside are held on the third Wednesday of each month at 7:00pm. The next meeting will be held on July 17th in the Clubhouse.



## ACES CAFÉ DAILY MENU ITEMS

- |                 |                        |
|-----------------|------------------------|
| Hamburgers      | Cookies                |
| Hot Dogs        | Brownies               |
| Deli Sandwiches | Snacks                 |
| Tuna Melt       | Beverages              |
| BLT             |                        |
| Salads:         | <i>Ask about our</i>   |
| including       | <i>Daily Specials!</i> |
| Salmon Salad    |                        |

### EGGS BREAKFASTS ° INCLUDES HASHBROWN POTATOES & TOAST

2 EGGS PREPARED YOUR CHOICE "OVER" OR SCRAMBLED	\$9.49
2 EGGS PLUS 3 STRIPS THICK HONEY CURED BACON	\$11.49
2 EGGS PLUS 2 SAUSAGE PATTIES	\$11.49
TOP SIRLOIN STEAK & EGGS (WHEN AVAILABLE)	\$16.99

### OMELETS ° INCLUDES HASHBROWN POTATOES & TOAST

3 EGG CHEESE OMELETS	\$10.99
MAKE YOUR OWN 3 EGG OMELETS (INCLUDES CHOICE OF CHEESE, ONE MEAT AND TWO VEGGIES)	\$13.99
EXTRA VEGGIES -\$1.00 PER VEGGIE ° EXTRA CHEESE \$1.00	

### BREAKFAST SANDWICHES

MADE WITH EGGS, HAM, BACON, OR SAUSAGE & CHEESE ON YOUR CHOICE OF BREAD

1 EGG SANDWICH \$7.29	2 EGGS SANDWICH \$8.29	EGG AND CHEESE ONLY \$5.99
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### PANCAKES, FRENCH TOAST, ETC.

PANCAKES ° REGULAR STACK (3) / SHORT STACK (2)	\$8.29 / \$6.99
FRENCH TOAST ° 3 SLICES	\$8.49

### A LA CARTE

1 EGG	\$1.25	TOAST ° 2 SLICES	\$2.00
2 EGGS	\$2.49	ENGLISH MUFFIN	\$1.50
HOME CUT BREAKFAST POTATOES	\$2.99	OATMEAL ° CUP W/ ALL THE FIXINGS	\$3.49
HONEY CURED BACON (PER THICK SLICE)	\$1.25	OATMEAL ° BOWL W/ ALL THE FIXINGS	\$4.99
2 SAUSAGE PATTIES	\$3.99	FRESH BLUEBERRIES	\$1.25
5OZ HAM STEAK	\$4.79	SLICE OF CHEESE	<del>1.00</del>
MUFFINS, DANISH, BANANA BREAD	\$2.50	SLICED AVOCADO	\$1.25

### CHOICE OF BREADS

SOURDOUGH ° HONEY WHEAT ° DILL RYE ° MULTI-GRAIN ° GLUTEN FREE

SODAS 24oz - \$2.50 32oz - \$2.75	ENERGY DRINKS	\$3.00
MILK 12oz - \$2.50 16oz - \$3.00	BOTTLED JUICE, TEA, POP & GATORADE	\$3.00
COFFEE \$1.75 MEMBER COFFEE \$1.50	BOTTLED WATER	\$2.00

AVAILABLE ALL DAY ° CALL AHEAD 425-455-5700



**“A Place for Recovery”  
Alano Club Meeting Schedule**

6:00am	Sunrise AA	Daily	Clubhouse
7:00am	SA Meeting (closed)	Sunday	Annex
7:00am	Fresh Start	Daily	Annex
8:30am	Overeaters Anonymous	Sunday	Clubhouse
8:30am	Gamblers Anonymous	Saturday	Annex
9:30am	Eastside Breakfast AA	Sunday	Annex
9:30am	AM Reflections	Wednesday/Friday	Annex
11:00am	Al-Anon	Saturday	Annex
12:00pm	SAA Meeting (closed)	Monday	Clubhouse
12:10pm	Nooners AA (Friday August 30th Cake & Coins)	Monday -Friday	Annex
12:30pm	Nooners AA	Saturday & Sunday	Annex
1:00pm	ACOA	1st Saturday of month	Clubhouse
1:30pm	Spanish AA	Sunday	Clubhouse
2:00pm	Afternooners	Mon. Wed. Fri.	Annex
4:00pm	What's in the Bag NA	Saturday	Annex
4:00pm	Tool Time Men's AA	Friday	Annex
5:30pm	Living Sober AA (Saturday August 31st Cake & Coins)	Daily	Anex
5:30pm	Nicotine Anonymous	Monday	Clubhouse
5:30pm	Women of Worth	Thursday	Clubhouse
5:30pm	Eastside 11th Step AA	Tuesday	Clubhouse
5:45pm	SAA Recovery First (closed-hybrid)	Wednesday	Clubhouse
6:45pm	Sermon on the Mount AA	Friday	Annex
7:00pm	Get to Stepping HA	Saturday	Annex
7:00pm	Happy Destinies AA	Sunday	Annex
7:30pm	Women's Accountability Mtg.	Monday	Annex
7:30pm	Cocaine Anonymous	Tuesday	Annex
7:30pm	Spanish AA	Monday-Saturday	Clubhouse
8:00pm	Rough Around the Edges AA	Friday	Annex
9:30pm	AA Essentials	Daily	Annex

Please visit our website [www.alanoclubeastside.org](http://www.alanoclubeastside.org) for schedule updates, to pay dues or make a donation. Thank you for your support! More meeting updates can be found at [www.eastsideaa.org](http://www.eastsideaa.org)