

*In this issue...*

**Page 1**

- January Birthdays
- New Members (December)
- Café Open Hours
- Resources
- Statement of Purpose

**Page 2**

- Newsletter

**Page 3**

- Volunteer Opportunities
- Jimmy V. – Club Liaison

**Page 4**

**Page 5**

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**Resources**

Eastside Intergroup  
[www.eastsideaa.org](http://www.eastsideaa.org)

Seattle Intergroup  
[www.seattleaa.org](http://www.seattleaa.org)

Alcoholics Anonymous  
World Service  
[www.aa.org](http://www.aa.org)

Al-Anon Family Groups  
[Seattle-al-anon.org](http://Seattle-al-anon.org)

The Clean and Sober  
Softball Association is a  
recovery-based activity,  
organized for  
"noncompetitive"  
recreation. The function  
of CSSA, and its  
franchises, is to further  
recovery through the  
community of softball.  
Alano Club of the Eastside  
Find out more at:

[Sobersoftball.com](http://Sobersoftball.com)

## Club Member April A.A. Birthdays!

Phil K 4/16/10 Jackie G. 4/7/92 Pauline O. 4/22/95  
Wendi O. 4/24/88 Dave E. 4/1/09 Matthew T. 4/15/79  
Val E. 4/28/87 Terry B. 4/14/81

## Welcome New Member

Matthew G. Mark B.

## CAFÉ OPEN HOURS

**Monday 11am to 6pm**  
**Tuesday 11am to 6pm**  
**Wednesday 11am to 6pm**  
**Thursday 11am to 6pm**  
**Friday 11am to 6pm**  
**Saturday 6am to 2pm**  
**Sunday 6am to 2pm**

## Alano Club of the Eastside Statement of Purpose

The Alano Club of the Eastside is a non-profit corporation established for the primary purpose of providing social opportunities and a social setting for recovering (non-drinking) alcoholics and their families. The Club is not affiliated with Alcoholics Anonymous or and related program. However, the Club and its members share a commitment to the principles of A.A. and may choose to cooperate with A.A. by extending certain invitations to A.A. members, including use of facilities for A.A. meetings and other 12 Step programs.

*To our Members,*

**GOT SOME SKILLS AND SOME TIME? ARE YOU AN:**

**ELECTRICIAN**

**PLUMBER**

**INTERIOR/EXTERIOR PAINTER**

**GARDENER**

**GUTTER CLEANER**

**SOCIAL MEDIA WHIZ**

**GRAPHIC ARTIST**

**ARTIST**

**YOGA INSTRUCTOR**

**MOVER**

**CLEANER**

**HVAC SPECIALIST**

**GRANT WRITER**

**THE ALANO CLUB IS COMPILING A LIST OF FOLKS WILLING TO DONATE THEIR TIME TO SEVERAL PROJECTS AND REPAIRS AT THE CLUB.**

**PLEASE CONTACT ANN J. AT 425-681-2702 IF YOU WOULD BE WILLING TO HELP OUT.**

Business meetings may contact Jimmie V. our Club Liaison, with schedule changes or needs or concerns about the meetings or facilities. [jamesvarletti@outlook.com](mailto:jamesvarletti@outlook.com)

## “A Place for Recovery” Alano Club Meeting Schedule

6:00am	Sunrise AA	Daily	Annex
7:00am	SA Meeting (closed)	Sunday	Annex
7:00am	Fresh Start	Monday thru Saturday	Annex
7:00am	Fresh Start	Sunday	Clubhouse
8:30am	Overeaters Anonymous	Sunday	Clubhouse
8:30am	Gamblers Anonymous	Saturday	Annex
9:30am	Eastside Open Breakfast	Sunday	Annex
9:30am	AM Reflections	Wednesday/Friday	Annex
11:00am	Al-Anon	Saturday	Annex
12:00pm	SAA Meeting (closed)	Monday	Clubhouse
12:10pm	Nooners AA	Monday thru Friday	Annex
12:30pm	Nooners AA	Saturday & Sunday	Annex
1:00pm	ACOA	1st & 3 <sup>rd</sup> Saturday of month	Clubhouse
1:30pm	Spanish AA	Sunday	Clubhouse
2:00pm	Afternooners	Monday/Wednesday/Friday	Annex
4:00pm	What's in the Bag NA	Saturday	Annex
4:00pm	Tool Time Men's AA	Friday	Annex
5:30pm	Living Sober AA	Daily	Annex
5:30pm	Nicotine Anonymous	Monday	Clubhouse
5:30pm	Women of Worth	Thursday	Clubhouse
5:30pm	Eastside 11th Step AA	Tuesday	Clubhouse
6:00pm	SAA Recovery First (closed-hybrid)	Wednesday	Clubhouse
6:45pm	Sermon on the Mount AA	Friday	Clubhouse
7:00pm	Get to Stepping HA	Saturday	Annex
7:00pm	Happy Destinies AA	Sunday	Annex
7:15pm	NA Principles not Personality	Thursday	Clubhouse
7:30pm	Circle of Trust Women's Meeting CA	Monday	Clubhouse
7:30pm	Cocaine Anonymous BTA	Tuesday	Annex
7:30pm	Spanish AA	Mon. Wed. Thur. Fri.	Annex
7:30pm	Spanish AA	Tuesday/Saturday	Clubhouse
9:30pm	AA Essentials	Daily	Annex

Please visit our website [www.alanoclubeastside.org](http://www.alanoclubeastside.org) for schedule updates, to pay dues or make a donation. Thank you for your support! More meeting updates can be found at [www.eastsideaa.org](http://www.eastsideaa.org)