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Resources

Eastside Intergroup
www.eastsideaa.org

Seattle Intergroup
www.seattleaa.org

Alcoholics Anony-
mous World Service
www.aa.org

Al-Anon Family
Groups Seattle-al-anon.org

The Clean and Sober
Softball Association is
a recovery-based ac-
tivity, organized for
"noncompetitive" rec-
reation. The function
of CSSA, and its fran-
chises, is to further
recovery through the
community of soft-
ball.

Sobersoftball.com

May Club Member A.A. Birthdays!

Bill R. 5/19/81 * Sandra W. 5/26/95 * Steve L. 5/12/88

Roy H. 5/29/87 * Tom A. 5/29/05 * Claude R. 5/24/89

Larey M. 5/13/86 * Tom M. 5/8/22 * Autumn K. 5/24/18

Carina H. 5/28/00, David S. 5/8/14 * Diana K. 5/21/00

Venkat D. 5/18/19

Congratulations!

Become a member & see your name in the Newsletter!

Reminder:

Board Meetings for the Alano Club of the Eastside are held on the 3rd Wednesday of each month at 7:00pm in the Clubhouse.

Our next meeting will be May 15th at 7:00pm.

Bookkeeper Position Filled:

Brenda has been hired as our new part-time bookkeeper who will replace Stacia. Thank you Stacia for your time with us and welcome Brenda.

Thank you Erik!

With our kitchen manager Trena out temporarily, Erik is filling in and keeping the Café running. We appreciate your extra help!

Stop by for some food and say hello!

Alano Club of the Eastside Statement of Purpose

The Alano Club of the Eastside is a non-profit corporation established for the primary purpose of providing social opportunities and a social setting for recovering (non drinking) alcoholics and their families. The Club is not affiliated with Alcoholics Anonymous or and related program. However the Club and its members share a commitment to the principles of A.A. and may choose to cooperate with A.A. by extending certain invitations to A.A. members, including use of facilities for A.A. meetings and other 12 Step programs.

How Can You Help Support the Alano Club?

Enjoy a meal at the club
Make a financial donation
or

Join the club and pay the membership fees.

\$20/month or \$200/year (2 free months)

\$10/month Seniors/Juniors or
\$100 per year (2 free months)

\$25/year Non King County Resident

Members enjoy a 10% discount!

ACES Cafe'

SERVING

Hamburgers

Hot Dogs

Grilled Cheese

Tuna Melt

BLT

Salads including:

Our popular Salmon Salad

Breakfast Sandwiches

Cookies

Brownies

Snacks

Beverages

Mark Your Calendars!

August 17th

1:00pm - 5:00pm

Alano Club's

51st Anniversary

Summer Barbeque



Fun, Food, Fellowship,
Raffle, Music & More Fun!

Flyer available soon.

ACES CAFÉ

Unfortunately, we have had to close intermittently due to staffing and we are trying our best to maintain the regular hours. Our apologies for the inconvenience.

Mon.-Fri. 12:10-1:30

Nooners

Sat.-Sun. 12:30-1:30

Celebrating

May A.A. Birthdays

With Cake and Coins

Friday May 31st

Alano Club of the Eastside

SERVICE OPPORTUNITIES

WEBSITE: We are looking for a volunteer to maintain the ESAC website and post events, flyers, etc.

COUNTER HELP IN THE CAFÉ:

We need some additional help in the Café helping with orders, cleanup, etc. It's a good way to meet people!

If you are interested, please email:

manager@alanoclubeastside.org

Women of Worth

The Oldest Women's Meeting
On the Eastside

Come Join Us!

Thursdays

5:30pm-6:30pm

Studying the Big Book of
Alcoholics Anonymous

Alano Club of the Eastside

12302 NE 8th St. Bellevue, WA 98005



Does Your Group
Have Something
to Announce?

Send it to the
Alano Club
Newsletter and
we'll post it for
you!

Email: Nancy.Losborn@gmail.com

Birthday Night!

Last Saturday each Month

Living Sober



Coins, Cake & Fellowship!

Open Meeting at 5:30pm
Birthday Celebration at 6:30pm

Alano Club of the Eastside
12302 NE 8th St. Bellevue 98005

**“A Place for Recovery”
Alano Club Meeting Schedule**

6:00am	Sunrise AA	Daily	Clubhouse
7:00am	SA Meeting (closed)	Sunday	Annex
7:00am	Fresh Start	Daily	Annex
8:30am	Overeaters Anonymous	Sunday	Clubhouse
8:30am	Gamblers Anonymous	Saturday	Annex
9:30am	Eastside Breakfast AA	Sunday	Annex
9:30am	AM Reflections	Wednesday/Friday	Annex
11:00am	Al-Anon	Saturday	Annex
12:00pm	SAA Meeting (closed)	Monday	Clubhouse
12:10pm	Nooners AA (Friday May 31st Cake & Coins)	Monday -Friday	Annex
12:30pm	Nooners AA	Saturday & Sunday	Annex
1:00pm	ACOA	1st Saturday of month	Clubhouse
1:30pm	Spanish AA	Sunday	Clubhouse
2:00pm	Afternooners	Monday-Friday	Annex
4:00pm	What's in the Bag NA	Saturday	Annex
4:00pm	Tool Time Men's AA	Friday	Annex
5:30pm	Living Sober AA	Daily	Anex
5:30pm	Nicotine Anonymous	Monday	Clubhouse
5:30pm	Women of Worth	Thursday	Clubhouse
5:45pm	SAA Recovery First (closed-hybrid)	Wednesday	Clubhouse
6:45pm	Sermon on the Mount AA	Friday	Annex
7:00pm	Get to Stepping HA	Saturday	Annex
7:00pm	Happy Destinies AA	Sunday	Annex
7:30pm	Women's Accountability Mtg.	Monday	Annex
7:30pm	Cocaine Anonymous	Tuesday	Annex
7:30pm	Spanish AA	Monday-Saturday	Clubhouse
8:00pm	Rough Around the Edges AA	Friday	Annex
9:30pm	AA Essentials	Daily	Annex

The www.eastsideaa.org website has current meeting listings which will say whether they are on zoom.

Please visit our website www.alanoclubeastside.org for schedule updates, to pay dues or make a donation. Donations, dues and payments can also be made through PayPal, in person or by mail to 12302 NE 8th St., Bellevue, WA 98005. Thank you for your support!