

Alano Club of the Eastside

April
2025

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Resources

Eastside Intergroup
www.eastsideaa.org

Seattle Intergroup
www.seattleaa.org

Alcoholics Anonymous World Service
www.aa.org

Al-Anon Family Groups
Seattle-al-anon.org

The Clean and Sober Softball Association is a recovery-based activity, organized for "noncompetitive" recreation. The function of CSSA, and its franchises, is to further recovery through the community of softball.

Sobersoftball.com

April Club Member A.A. Birthdays!

Jackie G. 4/7/92 * Terry B. 4/14/81 * Wendi O. 4/24/88

Matthew T. 4/15/79 * Dave E. 4/1/09 * Pauline O. 4/22/95

Val F. 4/28/87 * Nicole F. 4/13/24

Congratulations!

*Welcome New Members: Mario P. * Kimberly T. * Jason W.*

CHANGES!

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Alano Club of the Eastside Statement of Purpose

The Alano Club of the Eastside is a non-profit corporation established for the primary purpose of providing social opportunities and a social setting for recovering (non-drinking) alcoholics and their families. The Club is not affiliated with Alcoholics Anonymous or and related program. However, the Club and its members share a commitment to the principles of A.A. and may choose to cooperate with A.A. by extending certain invitations to A.A. members, including use of facilities for A.A. meetings and other 12 Step programs.

To our members,

Happy spring! The season is definitely upon us with all the sunshine, showers, and flowers starting to bloom. In the spirit of spring, there are lots of CHANGES happening at the Club right now...

First, the monthly newsletter is going digital! We are in the process of converting from postal delivery to e-mail only starting in May. We have e-mail addresses for most of our members, but are missing a few – especially for those who joined more than 25 years ago, when we still had land lines and no email. If you don't know or need to update your contact information with us, please contact 206-388-6855 so you can stay connected. In the meantime, the most recent newsletter and more information is always available on our website <https://www.alanoclubeastside.org/>.

Next, we have recently lost key staff and are looking to fill open positions in the Café immediately. The café will be open for limited hours until we have the staffing to return to our regular schedule. **If you or someone you know is available, please contact Ann J. (425) 681-2702.** Your patience is appreciated as we work to get the café staffed and back to normal hours.

We want you to know and be assured that ALL meetings will continue to be held as scheduled! There are also new procedures in place for securely depositing meeting and club contributions during this time. The month's meetings schedule can be found on the final page of this newsletter.

Finally, the Club has service opportunities available and meetings looking for support! Consider taking on a service position to get involved and stay connected in the community – ask for more information at any meeting. We hope to have a promising update regarding Café hours for you soon and look forward to being open again! If you are interested in the job, please reach out to Ann at (425) 681-2702.

Board meetings for the Alano Club of the Eastside are held on the third Thursday each month. The next meeting will be Thursday, April 17 at 7:00 pm in the clubhouse.

“A Place for Recovery” Alano Club Meeting Schedule

6:00am	Sunrise AA	Daily	Clubhouse
7:00am	SA Meeting (closed)	Sunday	Annex
7:00am	Fresh Start	Daily	Annex
8:30am	Overeaters Anonymous	Sunday	Clubhouse
8:30am	Gamblers Anonymous	Saturday	Annex
9:30am	Eastside Breakfast AA	Sunday	Annex
9:30am	AM Reflections	Wednesday/Friday	Annex
11:00am	Al-Anon	Saturday	Annex
12:00pm	SAA Meeting (closed)	Monday	Clubhouse
12:10pm	Nooners AA (Friday April 25 th Cake & Coins)	Monday -Friday	Annex
12:30pm	Nooners AA	Saturday & Sunday	Annex
1:00pm	ACOA	1st & 3 rd Saturday of month	Clubhouse
1:30pm	Spanish AA	Sunday	Clubhouse
2:00pm	Afternooners	Mon. thru Fri.	Annex
4:00pm	What's in the Bag NA	Saturday	Annex
4:00pm	Tool Time Men's AA	Friday	Annex
5:30pm	Living Sober AA (Saturday April 26 th Cake & Coins)	Daily	Annex
5:30pm	Nicotine Anonymous	Monday	Clubhouse
5:30pm	Women of Worth	Thursday	Clubhouse
5:30pm	Eastside 11th Step AA	Tuesday	Clubhouse
6:00pm	SAA Recovery First (closed-hybrid)	Wednesday	Clubhouse
6:45pm	Sermon on the Mount AA	Friday	Annex
7:00pm	Get to Stepping HA	Saturday	Annex
7:00pm	Happy Destinies AA	Sunday	Annex
7:30pm	Women's Accountability Mtg.	Monday	Annex
7:30pm	Cocaine Anonymous	Tuesday	Annex
7:30pm	Spanish AA	Monday-Saturday	Clubhouse
8:00pm	Rough Around the Edges AA	Friday	Annex
9:30pm	AA Essentials	Daily	Annex

Please visit our website www.alanoclubeastside.org for schedule updates, to pay dues or make a donation. Thank you for your support! More meeting updates can be found at www.eastsideaa.org