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Resources

Eastside Intergroup
www.eastsideaa.org

Seattle Intergroup
www.seattleaa.org

Alcoholics Anonymous World Service
www.aa.org

Al-Anon Family Groups
Seattle-al-anon.org

The Clean and Sober Softball Association is a recovery-based activity, organized for "noncompetitive" recreation. The function of CSSA, and its franchises, is to further recovery through the community of softball. Find out more at:

Sobersoftball.com

March Club Member A.A. Birthdays

AJ G. 3/28/05 Edward O. 3/8/08 Krupal D. 3/16/17

Sharon R. 3/15/79 Fred M. 3/12/07 Dennis P. 3/17/90

Alan V. 3/31/88 Iris B. 3/2/12

Congratulations!

Welcome New Members

Chuck C. Meg A. Eric N. Lynda T.

CAFÉ OPEN HOURS

Monday 11am to 6pm

Tuesday 11am to 6pm

Wednesday 11am to 6pm

Thursday 11am to 6pm

Friday 11am to 6pm

Saturday 6am to 2pm

Sunday 6am to 2pm

Alano Club of the Eastside Statement of Purpose

The Alano Club of the Eastside is a non-profit corporation established for the primary purpose of providing social opportunities and a social setting for recovering (non-drinking) alcoholics and their families. The Club is not affiliated with Alcoholics Anonymous or any related program. However, the Club and its members share a commitment to the principles of A.A. and may choose to cooperate with A.A. by extending certain invitations to A.A. members, including use of facilities for A.A. meetings and other 12 Step programs.

Celebrating 85 years of AA in Seattle

From a single letter to a community of hope

In November 1939, a woman in Seattle wrote to the Alcoholic Foundation in New York with a simple but courageous inquiry:

Was there anyone in Washington connected to Alcoholics Anonymous?

At that time, there were no AA groups in the state. No established meetings. No clubhouse. No network of support.

Through that letter, connections began to form. By early 1940, individuals in Seattle were communicating with the Foundation and with one another. As national awareness of AA grew in 1941, the first groups in Seattle took root and began to expand.

What began as inquiry became fellowship.

What began as uncertainty became recovery.

This year, we commemorate 85 years of Alcoholics Anonymous in Seattle, honoring the pioneers who carried the message long before there were established structures to support them. Their efforts laid the foundation for the vibrant recovery community we know today.

The Role of the Alano Club of the Eastside

If AA teaches us how to live sober, the Alano Club teaches us how to live sober together. For decades, the Alano Club of the Eastside has provided more than a meeting space. It has offered connection, service, belonging, and continuity. Members have described its impact in their own words:

“AA is teaching me how to live sober; the Club is teaching me how to socialize sober.”

“AA keeps me sober; the Club keeps me from being lonely.”

“In the beginning I was a member because I needed the Club; now I am a member because the Club needs me.”

“The Club is there for me whether I need it or not.”

“Membership in the Alano Club has enhanced my sobriety.”

“Without the Club I wouldn’t have a social life or a family life.”

“The longer I stay sober the more I realize what an important role the Club provides for the new Person.”

“The Club has given me so much. Being a member is the least I can do.”

“I came to the Alano Club looking for a meeting; now I am a member... it just sort of happened.”

“I don’t know... where else would I go?”

A Living Legacy

Eighty-five years ago, AA in Seattle began with someone brave enough to ask for help and someone else willing to respond.

Today, that same exchange continues every time a newcomer walks into a meeting. It continues in the quiet conversations after the closing prayer, in shared laughter over coffee, and in the simple act of showing up.

The pioneers of 1939 could not have imagined the reach of their courage. Yet their legacy lives on not only in meeting schedules or anniversary celebrations, but in each sober day carried forward by those who come through our doors.

The Alano Club stands as both witness and participant in that legacy. It is a place where recovery deepens into community, where isolation gives way to belonging, and where service transforms gratitude into action.

As we honor 85 years of AA in Seattle, we remember:
The Fellowship began with one letter.
It endures because we continue to answer.



Please join the Alano Club of the Eastside on

ST. PATRICK'S DAY



LIVE MUSIC, TRADITIONAL
DINNER, FELLOWSHIP

TUESDAY MARCH 17TH
6-8PM



\$10 SUGGESTED DONATION

SPONSORED BY LIVING SOBER

12302 NE 8th ST BELLEVUE WA



Meditate with Grace

Mindfulness. Meditation.

Facilitator
Grace De La Rosa

Sunday
03.22.26

2:15p - 3:15p

SLOW. LIVING.

Register in Advance: \$25
Attire: Per your comfort level
Note: We will be seated in chairs.
Location: 12302 NE 8th St, Bellevue, WA

Register at
LivingwithGrace.net/events

⊕ *Embrace the Pause.
Find Your Calm.*

Meditate with Grace:
03/22/26





DISTRICT 34

March 29th
2pm-5pm

CORRECTIONS WORKSHOP

Panel Discussion - Q&A

Event will be Hybrid:

Eastside Alano Club:

12302 NE 8th St, Bellevue, WA

zoom link:

[https://us06web.zoom.us/j/3472061035?
pwd=aqsTOGIldcYzWSCX6fgFby08SISBzPZ.1](https://us06web.zoom.us/j/3472061035?pwd=aqsTOGIldcYzWSCX6fgFby08SISBzPZ.1)

MEETING ID: 347 206 1035

PASSCODE: 1234

Angel Manriquez
@Angel-Manriquez-1



venmo

(The 7th Tradition will be observed)



EASTSIDE ALANO CLUB

Easter brunch

FOOD, FELLOWSHIP, GAMES.

\$10 SUGGESTED DONATION

NO ONE WILL BE TURNED AWAY

*HAM, SCALLOPED POTATOES,
GREEN BEAN CASSEROLE, SALAD,
DINNER ROLL.*

SUNDAY APRIL 5TH

1-3PM

Tickets available now!

425-455-5700

12302 NE 8TH ST BELLEVUE WA

“A Place for Recovery
Alano Club Meeting Schedule

6:00am	Sunrise AA	Daily	Annex
7:00am	SA Meeting (closed)	Sunday	Annex
7:00am	Fresh Start	Monday thru Saturday	Annex
7:00am	Fresh Start	Sunday	Clubhouse
8:30am	Overeaters Anonymous	Sunday	Clubhouse
8:30am	Gamblers Anonymous	Saturday	Annex
9:30am	Eastside Open Breakfast	Sunday	Annex
9:30am	AM Reflections	Wednesday/Friday	Annex
11:00am	Al-Anon	Saturday	Annex
12:00pm	SAA Meeting (closed)	Monday	Clubhouse
12:10pm	Nooners AA	Monday thru Friday	Annex
12:30pm	Nooners AA	Saturday & Sunday	Annex
1:00pm	ACOA	1st & 3 rd Saturday of month	Clubhouse
1:30pm	Spanish AA	Sunday	Clubhouse
2:00pm	Afternooners	Monday/Wednesday/Friday	Annex
4:00pm	What's in the Bag NA	Saturday	Annex
4:00pm	Tool Time Men's AA	Friday	Annex
5:30pm	Living Sober AA	Daily	Annex
5:30pm	Nicotine Anonymous	Monday	Clubhouse
5:30pm	Women of Worth	Thursday	Clubhouse
5:30pm	Eastside 11th Step AA	Tuesday	Clubhouse
6:00pm	SAA Recovery First (closed-hybrid)	Wednesday	Clubhouse
6:45pm	Sermon on the Mount AA	Friday	Clubhouse
7:00pm	Get to Stepping HA	Saturday	Annex
7:00pm	Happy Destinies AA	Sunday	Annex
7:15pm	NA Principles not Personality	Thursday	Clubhouse
7:30pm	Circle of Trust Women's Meeting CA	Monday	Clubhouse
7:30pm	Cocaine Anonymous BTA	Tuesday	Annex
7:30pm	Spanish AA	Mon. Wed. Thur. Fri.	Annex
7:30pm	Spanish AA	Tuesday/Saturday	Clubhouse
9:30pm	AA Essentials	Daily	Annex

Please visit our website www.alanoclubeastside.org for schedule updates, to pay dues or make a donation. Thank you for your support! More meeting updates can be found at www.eastsideaa.org