

# Alano Club of the Eastside

January  
2026

## In this issue...

### Page 1

- January Birthdays
- New Members (December)
- Café Open Hours
- Resources
- Statement of Purpose

### Page 2

- Newsletter

### Page 3

- Volunteer Opportunities
- Jimmy V. – Club Liaison

### Page 4

- Meeting Schedule

### Page 5

- January Club Activities

### Resources

Eastside Intergroup  
[www.eastsideaa.org](http://www.eastsideaa.org)

Seattle Intergroup  
[www.seattleaa.org](http://www.seattleaa.org)

Alcoholics Anonymous World Service  
[www.aa.org](http://www.aa.org)

Al-Anon Family Groups  
[Seattle-al-anon.org](http://Seattle-al-anon.org)

The Clean and Sober Softball Association is a recovery-based activity, organized for "noncompetitive" recreation. The function of CSSA, and its franchises, is to further recovery through the community of softball. Find out more at:

[Sobersoftball.com](http://Sobersoftball.com)

## January Club Member A.A. Birthdays!

Kris C. 1/23/84 Greg M. 1/27/98 Jan C. 1/25/94  
John T. 1/9/86 Roni U. 1/31/94 William S. 1/14/92  
Greg K. 1/20/04 Nancy O. 1/12/88 Steve H. 1/3/13  
Ted W. 1/7/03 Bruce L. 1/20/89 Carmen A. 1/12/08  
Dan O. 1/11/23 Natasha N. 1/24/92 Michael H. 1/31/83  
Cheyenne P. 1/1/25

**Congratulations!**

## Welcome New Members!

**Pat H. Joe R. Jordan W. Breigh T. Jonathan W.  
Andrea and Arthur L.**

## CAFÉ OPEN HOURS

**Monday 11am to 6pm**

**Tuesday 11am to 6pm**

**Wednesday 11am to 6pm**

**Thursday 11am to 6pm**

**Friday 11am to 6pm**

**Saturday 6am to 2pm**

**Sunday 6am to 2pm**

## Alano Club of the Eastside Statement of Purpose

The Alano Club of the Eastside is a non-profit corporation established for the primary purpose of providing social opportunities and a social setting for recovering (non-drinking) alcoholics and their families. The Club is not affiliated with Alcoholics Anonymous or any related program. However, the Club and its members share a commitment to the principles of A.A. and may choose to cooperate with A.A. by extending certain invitations to A.A. members, including use of facilities for A.A. meetings and other 12 Step programs.

**To our Members,**

**We wish all our members and other visitors to the club a very Happy and Healthy 2026 and beyond. We would like to thank all who contributed so generously to our Employee Bonus Fund and to our Christmas Eve and Christmas Day dinners and events. A special thank you to the meetings and groups who made extraordinary contributions in December, including Living Sober, the Nooners Group and others.**

**There was a great turnout for the December Annual General Membership meeting and Board elections. We have a new Board of Directors in 2026:**

**President Ann J., Vice-President Carmen A., Secretary Jimmy V., Treasurer Edward O. and Directors Terry B., Nazleen M., Claude R., Val E., Josephine R. and Sharon R.**

**Welcome to the new board members and thank you to the returning and/or retiring members for your past service.**

**The next Board of Directors Meeting will be on Thursday January 15 at 7:00pm in the member's room.**

**For the year to date (through November 30, 2025) the club lost \$16,228.24. Cheyenne and the board are working on some changes in vendors and menu price increases to keep up with rising costs, with the goal of making 2026 a better year financially. We are in need of a Grant Writer to help us apply for a grant. If you can recommend someone, please let us know. We are also looking for ways to increase membership in the club and increase meeting attendance. We would welcome your suggestions.**

**Messages can be sent by e-mail to [manager@alanoclubeastside.org](mailto:manager@alanoclubeastside.org) or through the website [alanoclubeastside.org](http://alanoclubeastside.org).**

**Sober Fun is at The Club this month. Join us for a Seahawks viewing party January 17<sup>th</sup> or 18<sup>th</sup> tbd. Meet 30 minutes before the game in the MEMBER ROOM. Come cheer on the Hawks.**

**We are also planning a Super Bowl Party at the club February 8. We are still working out the details, so watch for flyers as the as we get closer to the big day.**

**GOT SOME SKILLS AND SOME TIME? ARE YOU AN:**

**ELECTRICIAN**

**PLUMBER**

**INTERIOR/EXTERIOR PAINTER**

**GARDENER**

**GUTTER CLEANER**

**SOCIAL MEDIA WHIZ**

**GRAPHIC ARTIST**

**ARTIST**

**YOGA INSTRUCTOR**

**MOVER**

**CLEANER**

**HVAC SPECIALIST**

**GRANT WRITER**

**THE ALANO CLUB IS COMPILING A LIST OF FOLKS WILLING TO DONATE THEIR TIME TO  
SEVERAL PROJECTS AND REPAIRS AT THE CLUB.**

**PLEASE CONTACT ANN J. AT 425-681-2702 IF YOU WOULD BE WILLING TO HELP OUT.**

Business meetings may contact Jimmie V. our Club Liaison, with schedule changes or needs or concerns about the meetings or facilities. [jamesvarletti@outlook.com](mailto:jamesvarletti@outlook.com)

**"A Place for Recovery"**  
**Alano Club Meeting Schedule**

6:00am	Sunrise AA	Daily	Annex
7:00am	SA Meeting (closed)	Sunday	Annex
7:00am	Fresh Start	Monday thru Saturday	Annex
7:00am	Fresh Start	Sunday	Clubhouse
8:30am	Overeaters Anonymous	Sunday	Clubhouse
8:30am	Gamblers Anonymous	Saturday	Annex
9:30am	Eastside Open Breakfast	Sunday	Annex
9:30am	AM Reflections	Wednesday/Friday	Annex
11:00am	Al-Anon	Saturday	Annex
12:00pm	SAA Meeting (closed)	Monday	Clubhouse
12:10pm	Nooners AA	Monday thru Friday	Annex
12:30pm	Nooners AA	Saturday & Sunday	Annex
1:00pm	ACOA	1st & 3 <sup>rd</sup> Saturday of month	Clubhouse
1:30pm	Spanish AA	Sunday	Clubhouse
2:00pm	Afternooners	Monday/Wednesday/Friday	Annex
4:00pm	What's in the Bag NA	Saturday	Annex
4:00pm	Tool Time Men's AA	Friday	Annex
5:30pm	Living Sober AA	Daily	Annex
5:30pm	Nicotine Anonymous	Monday	Clubhouse
5:30pm	Women of Worth	Thursday	Clubhouse
5:30pm	Eastside 11th Step AA	Tuesday	Clubhouse
6:00pm	SAA Recovery First (closed-hybrid)	Wednesday	Clubhouse
6:45pm	Sermon on the Mount AA	Friday	Clubhouse
7:00pm	Get to Stepping HA	Saturday	Annex
7:00pm	Happy Destinies AA	Sunday	Annex
7:15pm	NA Principles not Personality	Thursday	Clubhouse
7:30pm	Circle of Trust Women's Meeting CA	Monday	Clubhouse
7:30pm	Cocaine Anonymous BTA	Tuesday	Annex
7:30pm	Spanish AA	Mon. Wed. Thur. Fri.	Annex
7:30pm	Spanish AA	Tuesday/Saturday	Clubhouse
9:30pm	AA Essentials	Daily	Annex

Please visit our website [www.alanoclubeastside.org](http://www.alanoclubeastside.org) for schedule updates, to pay dues or make a donation. Thank you for your support! More meeting updates can be found at [www.eastsideaa.org](http://www.eastsideaa.org)



EASTSIDE ALANO CLUB



# SEATTLE SEAHAWKS GAME DAYS!

📍 In the Members Room inside the Café

All are welcome – membership not required!



Cheer on the

## SEATTLE SEAHAWKS with us!

- 📅 Every Seahawks Game
- 🚫 Except October 20, 2025 vs. the Texans
- 🍴 Specials served during the game
- 🎉 Family-friendly atmosphere