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## **Resources**

Eastside Intergroup  
[www.eastsideaa.org](http://www.eastsideaa.org)

Seattle Intergroup  
[www.seattleaa.org](http://www.seattleaa.org)

Alcoholics Anonymous World  
Service  
[www.aa.org](http://www.aa.org)

Al-Anon Family Groups  
[Seattle-al-anon.org](http://Seattle-al-anon.org)

The Clean and Sober Softball  
Association is a recovery-  
based activity, organized for  
"noncompetitive" recreation.  
The function of CSSA, and its  
franchises, is to further  
recovery through the  
community of softball.

[Sobersoftball.com](http://Sobersoftball.com)

## **November Club Member A.A. Birthdays!**

Lach F. 11/1/99    Diane K. 11/26/84    Tom S. 11/7/83

Trena G. 11/2/07    Jimmy V. 11/30/89

Vic S. 11/1/65    Ann J. 11/22/09

## **Congratulations**

## **Welcome New Members!**

**Pete R.    Lynne R.    Alan C.**

## **CAFÉ OPEN HOURS**

**Monday 11am to 6pm**

**Tuesday 11am to 6pm**

**Wednesday 11am to 6pm**

**Thursday 11am to 6pm**

**Friday 11am to 6pm**

**Saturday 6am to 6pm**

**Sunday 6am to 6pm**

## **Alano Club of the Eastside Statement of Purpose**

The Alano Club of the Eastside is a non-profit corporation established for the primary purpose of providing social opportunities and a social setting for recovering (non-drinking) alcoholics and their families. The Club is not affiliated with Alcoholics Anonymous or and related program. However, the Club and its members share a commitment to the principles of A.A. and may choose to cooperate with A.A. by extending certain invitations to A.A. members, including use of facilities for A.A. meetings and other 12 Step programs.

## ***To our Members,***

The big holidays that are coming up in November and December are happy family times for most of us, but difficult for many. We will be serving a free (by donation) turkey dinner on Thanksgiving day and also having our usual Alcathons. Please see the attached flyers for more information. We will also be serving dinner on Christmas day along with Alcathons over both Christmas Eve and Day, and New Year's Eve and Day.

Our next regular board meeting will be Thursday, November 20 at 7:00 pm.

Please mark your calendars for the Thursday December 18 Board and General Membership Meeting, and Election of 2026 Board members. A proposed Slate will be posted in the clubhouse and café and nominations will be accepted from the floor at the meeting. Please try to attend, as we will need at least 16 voting members to have a quorum.

As winter approaches the days are starting to get colder and we have no heat in the Members Room. Towards the end of last winter, we noticed some noxious fumes emanating from the fireplace insert the provided the heat in there. Puget Sound Energy came out and red-flagged the unit as a health risk. Due to its age and a lack of parts it cannot be repaired and must be replaced. A couple of fireplace stores in the area have provided quotes for a new insert plus installation in the \$10,000 range, but the club has been struggling to make ends meet for the past several months. If you know someone who is a licensed natural gas technician who might want to donate their labor for the installation of a new gas fireplace or someone who has access to reasonably priced new units, please contact us at [manager@alanoclubeastside.org](mailto:manager@alanoclubeastside.org) or 425 455 5700.

Business meetings may contact Jimmie V. our Club Liaison, with schedule changes or needs or concerns about the meetings or facilities.  
[jamesvarletti@outlook.com](mailto:jamesvarletti@outlook.com)

## “A Place for Recovery” Alano Club Meeting Schedule

|         |                                                       |                                         |           |
|---------|-------------------------------------------------------|-----------------------------------------|-----------|
| 6:00am  | Sunrise AA                                            | Daily                                   | Clubhouse |
| 7:00am  | SA Meeting (closed)                                   | Sunday                                  | Annex     |
| 7:00am  | Fresh Start                                           | Daily                                   | Annex     |
| 8:30am  | Overeaters Anonymous                                  | Sunday                                  | Clubhouse |
| 8:30am  | Gamblers Anonymous                                    | Saturday                                | Annex     |
| 9:30am  | Eastside Open Breakfast                               | Sunday                                  | Annex     |
| 9:30am  | AM Reflections                                        | Wednesday/Friday                        | Annex     |
| 11:00am | Al-Anon                                               | Saturday                                | Annex     |
| 12:00pm | SAA Meeting (closed)                                  | Monday                                  | Clubhouse |
| 12:10pm | Nooners AA<br>(Friday October 30 Cake & Coins)        | Monday-Friday                           | Annex     |
| 12:30pm | Nooners AA                                            | Saturday & Sunday                       | Annex     |
| 1:00pm  | ACOA                                                  | 1st & 3 <sup>rd</sup> Saturday of month | Clubhouse |
| 1:30pm  | Spanish AA                                            | Sunday                                  | Clubhouse |
| 2:00pm  | Afternooners                                          | Mon. thru Fri.                          | Annex     |
| 4:00pm  | What's in the Bag NA                                  | Saturday                                | Annex     |
| 4:00pm  | Tool Time Men's AA                                    | Friday                                  | Annex     |
| 5:30pm  | Living Sober AA<br>(Saturday October 25 Cake & Coins) | Daily                                   | Annex     |
| 5:30pm  | Nicotine Anonymous                                    | Monday                                  | Clubhouse |
| 5:30pm  | Women of Worth                                        | Thursday                                | Clubhouse |
| 5:30pm  | Eastside 11th Step AA                                 | Tuesday                                 | Clubhouse |
| 6:00pm  | SAA Recovery First (closed-hybrid)                    | Wednesday                               | Clubhouse |
| 6:45pm  | Sermon on the Mount AA                                | Friday                                  | Annex     |
| 7:00pm  | Get to Stepping HA                                    | Saturday                                | Annex     |
| 7:00pm  | Happy Destinies AA                                    | Sunday                                  | Annex     |
| 7:30pm  | Circle of Trust                                       | Monday                                  | Annex     |
| 7:30pm  | Cocaine Anonymous                                     | Tuesday                                 | Annex     |
| 7:30pm  | Spanish AA                                            | Monday-Saturday                         | Clubhouse |
| 8:00pm  | Rough Around the Edges AA                             | Friday                                  | Annex     |
| 9:30pm  | AA Essentials                                         | Daily                                   | Annex     |

Please visit our website [www.alanoclubeastside.org](http://www.alanoclubeastside.org) for schedule updates, to pay dues or make a donation. Thank you for your support! More meeting updates can be found at [www.eastsideaa.org](http://www.eastsideaa.org)



**EASTSIDE ALANO CLUB**



# **SEATTLE SEAHAWKS GAME DAYS!**

📍 In the Members Room inside the Café  
All are welcome — membership not required!



Cheer on the  
**SEATTLE SEAHAWKS**  
with us!



**Every Seahawks Game**



**Except October 20, 2025 vs. the Texans**



**Specials served during the game**



**Family-friendly atmosphere**



**Alano Club of the Eastside**

*Thanksgiving*  
**DINNER**



*27 November, 2025*  
*2 pm*

**10\$ Suggested Donation**  
**BRING A SIDE OR DESSERT TO**  
**SHARE**  
**TURKEY AND HAM PROVIDED**  
**425.455.5700**  
**12302 NE 8th st, Bellevue WA**