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## Resources

Eastside Intergroup  
[www.eastsideaa.org](http://www.eastsideaa.org)

Seattle Intergroup  
[www.seattleaa.org](http://www.seattleaa.org)

Alcoholics Anonymous  
World Service  
[www.aa.org](http://www.aa.org)

Al-Anon Family  
Groups [Seattle-al-anon.org](http://Seattle-al-anon.org)

The Clean and Sober  
Softball Association is  
a recovery-based ac-  
tivity, organized for  
"noncompetitive" rec-  
reation. The function  
of CSSA, and its fran-  
chises, is to further  
recovery through the  
community of softball.

[Sobersoftball.com](http://Sobersoftball.com)

## September Club Member A.A. Birthdays!

Bill C. 9/4/76 \* Brent C. 9/29/90 \* Jeff B. 9/30/00

John M. 9/8/08 \* Sherre P. 9/26/99 \* John P. 9/20/00

Kevin M. 9/19/21 \* Robin O. 9/10/02 \* Susan S. 9/8/78


Bruce C. 9/21/04 \* Heather C. 9/16/16 \* James F. 9/15/00

Victor K. 9/3/81 \* Greg P. 9/10/12 \* Michael P. 9/3/81

*Congratulations!*

*Become a member & see your name in the Newsletter!*

We had a wonderful BBQ Celebration on August 17th. Thank you everyone that attended to make it a special day and extra thanks to the following: (sorry if I missed anyone)

**Set Up & Tear Down** JD, Scott, Kevin, Moe, Niaya, Alex, Lyle and various other wonderful people 

**Our Grill Masters** Moe, Tom L. JD & Scott 

**Kitchen Help** Trena, David, Caitlyn, Niaya, Karen, & Heather 

**Ticket Sales:** Phil, Heather & Alicia 

**Raffle:** Karen & Heather 

**Membership Sales:** Carmen 

**Music:** Erik, Terry and his band, Jason & Autumn 

Thank You Everyone!

## Alano Club of the Eastside Statement of Purpose

The Alano Club of the Eastside is a non-profit corporation established for the primary purpose of providing social opportunities and a social setting for recovering (non drinking) alcoholics and their families. The Club is not affiliated with Alcoholics Anonymous or and related program. However the Club and its members share a commitment to the principles of A.A. and may choose to cooperate with A.A. by extending certain invitations to A.A. members, including use of facilities for A.A. meetings and other 12 Step programs.



## Meetings Looking for Support

### NOONERS—AA Meeting (Annex)

Monday-Friday 12:10pm & Saturdays 12:30pm

*Birthday Cake & Coins August 30th*

### AFTERNOONERS—AA Meeting (Annex)

Monday, Wednesday, Friday 2:00pm

### ESSENTIALS—AA Meeting (Annex)

Daily 9:30pm-11:00pm

### WOMEN OF WORTH—AA Meeting (Clubhouse)

Studying the Big Book / Women Only

Thursdays 5:30pm-6:30pm

### ROUGH AROUND THE EDGES—AA Meeting

Candlelight Meeting (Annex)

Fridays 8:00pm

### WHAT'S IN THE BAG—NA Meeting (Annex)

Saturdays 4:00pm

## New A.A. Meeting

Eastside 11th Step

Tuesdays 5:30pm (Clubhouse)



# HAPPY LABOR DAY

## How Can You Help Support the Alano Club?

Enjoy a meal at the club  
Make a financial donation  
or  
Join the club and pay the membership fees.

\$20/month or \$200/year  
(2 free months)

\$10/month Seniors/Juniors or \$100 per year (2 free months)

\$25/year Non King County Resident

**Members enjoy a 10% discount!**

★  
*Do you sing or do you want to?  
DO IT SOBER!!*



*The Alano Club of the Eastside*

## Karaoke Night Sat. Sept. 28

### 6:00pm-9:00pm

**Alano Club Annex** ★

12302 NE 8<sup>th</sup> ST.

*Food and Beverage... Bellevue, WA... Specials in the Café*

425-455-5700

*A Benefit for the Alano Club of the Eastside*  
A BASKET WILL BE PASSED FOR DONATIONS.

★  
*Please visit us at: [alanocluboftheeastside.org](http://alanocluboftheeastside.org)*



Board Meetings for the Alano Club of the Eastside are held on the third Wednesday of each month at 7:00pm. The next meeting will be held on July 17th in the Clubhouse.

12302 NE 8<sup>th</sup> Street, Bellevue, WA. 98005 425 455 5700 [www.alanoclubeastside.org](http://www.alanoclubeastside.org)



We are constantly adding new items to the menu and there are always daily specials to try. Bring a friend, a sponsee or your sponsor to meet our friendly staff and enjoy a meal in our recently remodeled club.

**“A Place for Recovery”  
Alano Club Meeting Schedule**

6:00am	Sunrise AA	Daily	Clubhouse
7:00am	SA Meeting (closed)	Sunday	Annex
7:00am	Fresh Start	Daily	Annex
8:30am	Overeaters Anonymous	Sunday	Clubhouse
8:30am	Gamblers Anonymous	Saturday	Annex
9:30am	Eastside Breakfast AA	Sunday	Annex
9:30am	AM Reflections	Wednesday/Friday	Annex
11:00am	Al-Anon	Saturday	Annex
12:00pm	SAA Meeting (closed)	Monday	Clubhouse
12:10pm	Nooners AA (Friday Sept. 30th Cake & Coins)	Monday -Friday	Annex
12:30pm	Nooners AA	Saturday & Sunday	Annex
1:00pm	ACOA	1st Saturday of month	Clubhouse
1:30pm	Spanish AA	Sunday	Clubhouse
2:00pm	Afternooners	Mon. Wed. Fri.	Annex
4:00pm	What's in the Bag NA	Saturday	Annex
4:00pm	Tool Time Men's AA	Friday	Annex
5:30pm	Living Sober AA (Saturday Sept. 31st Cake & Coins)	Daily	Anex
5:30pm	Nicotine Anonymous	Monday	Clubhouse
5:30pm	Women of Worth	Thursday	Clubhouse
5:30pm	Eastside 11th Step AA	Tuesday	Clubhouse
5:45pm	SAA Recovery First (closed-hybrid)	Wednesday	Clubhouse
6:45pm	Sermon on the Mount AA	Friday	Annex
7:00pm	Get to Stepping HA	Saturday	Annex
7:00pm	Happy Destinies AA	Sunday	Annex
7:30pm	Women's Accountability Mtg.	Monday	Annex
7:30pm	Cocaine Anonymous	Tuesday	Annex
7:30pm	Spanish AA	Monday-Saturday	Clubhouse
8:00pm	Rough Around the Edges AA	Friday	Annex
9:30pm	AA Essentials	Daily	Annex

Please visit our website [www.alanoclubeastside.org](http://www.alanoclubeastside.org) for schedule updates, to pay dues or make a donation. Thank you for your support! More meeting updates can be found at [www.eastsideaa.org](http://www.eastsideaa.org)